

Student COVID Safety Measures

2022-2023 School Year

The following safety measures are in place to safeguard the health and safety of the students in the Roseville Joint Union High School District. These safety measures follow the June 30, 2022 CDPH COVID-19 guidance.

MITIGATION STRATEGIES:

- Vaccinations (Recommendation):
 - California strongly recommends that all eligible individuals [get vaccinated against COVID-19](#) and [remain up-to-date](#) to protect oneself and reduce transmission of the virus.
- In Door Air Quality (Recommended):
 - Optimize/Upgrade HVAC units – The RJUHSD continues to use MERV 13 Air Filters in ongoing efforts to improve the indoor air quality in all RJUHSD facilities.
- Using Facemasks (Recommendation):
 - Unless otherwise directed by local health departments or local educational agencies, students should follow [CDPH masking guidance for the general public](#), as well as masking guidance for specific situations referenced below (e.g., when having symptoms, being infected, or exposed).
 - No person can be prevented from wearing a mask as a condition of participation in an activity or entry into a school, unless wearing a mask would pose a safety hazard (e.g., watersports).
 - Any student who wants or has need of a mask can request a mask in the main administrative office of all RJUHSD schools and facilities. N-95 masks are also available upon request.
- Testing (Recommendation):
 - CDPH recommends that antigen tests be considered the primary option for detecting COVID-19 in schools, compared to PCR tests.
 - Due to the increased travel and social interactions that often occurs during school-breaks, it is recommended that students get tested for COVID-19 prior to returning to school following major breaks (e.g., summer, winter, spring).
 - The RJUHSD has a supply of Over The Counter (OTC) Emergency Use Authorized COVID-19 tests available upon request (for RJUHSD students).
 - Additional testing recommendations are referenced in relevant sections below.

- Hand Sanitation (Recommendation):
 - The RJUHSD has adequate supplies to support hand hygiene behaviors, including soap, tissues, no-touch trashcans, and hand sanitizers with at least 60 percent alcohol for students.
 - The RJUHSD encourages individuals to cover coughs and sneezes to help keep individuals from getting and spreading infectious diseases, including COVID-19.
- Symptomatic Individuals (Recommendation):
 - Any RJUHSD student who develops new, unexplained symptoms should not return to campus until it is clear that symptoms are mild and improving or are due to a non-infectious cause (e.g., allergies). This includes waiting until 24 hours have passed since resolution of fever without the use of fever-reducing medications.
 - Additionally, if symptoms are concerning for COVID-19, it is strongly recommended that students wear a mask and get tested immediately. Students should also follow CDPH recommendations for retesting and/or isolating if results are positive.
- Students Diagnosed with COVID-19 (Recommendation):
 - Students diagnosed with COVID-19 should follow recommendations listed in Table 1 (Persons with COVID-19) of CDPH's guidance for the general public, including staying home for at least 5 days and wearing a well-fitting mask around others for a total of 10 days, especially in indoor settings. (See Table Below)
- Students Exposed to COVID-19 (Recommendation):
 - It is recommended that families notify schools if their child has COVID-19 and was on school grounds during their infectious period, and that schools in turn notify students who spent more than a cumulative total of 15 minutes (within a 24-hour time period) in a shared indoor airspace (e.g., classroom) with someone with COVID-19 during their infectious period.
 - In lieu of individual exposure notifications, the RJUHSD will provide a general notification to the entire school community via the school website homepage. Parents and students can monitor if there was a positive COVID case in any of their individual classrooms (daily update). This communication will alert all to the increased potential of being exposed to COVID-19 due to a rise in cases among school and community members, and remind all to monitor for symptoms and get tested.
 - All students with known exposure to persons with COVID-19 should follow recommendations listed in Table 2 (Asymptomatic Persons Who are Exposed to Someone with COVID-19) of CDPH's guidance for the general public. If they remain without symptoms, students may continue to take part in all aspects of K–12 schooling including sports and extracurricular activities. As recommended in Table 2, they should wear a well-fitting mask around others for a total of 10 days and get tested 3–5 days after last exposure.

- Managing COVID-19 Outbreaks (Recommendation):
 - Broad disruptions to in-person learning, such as temporary school or classroom closures, due to COVID-19 should remain a last resort and considered only after all available resources have been exhausted, and only after conferring with local health officials.
- Cleaning Facilities (Recommendation):
 - The RJUHSD will continue to make the cleaning of classrooms, restrooms and high touch areas a high priority. Facilities will be cleaned on a daily basis. Drinking fountains will be operational and cleaned regularly. RJUHSD has installed water bottle filling stations on all school campuses, students are highly encouraged to make use of these filling stations as a means of decreasing COVID-19 transmission.

Table 1: Persons Who Should Isolate:

Persons Who Test Positive for COVID-19	Recommended Actions
<p>Everyone, regardless of vaccination status, previous infection or lack of symptoms.</p>	<ul style="list-style-type: none"> ● Stay home (PDF) for at least 5 days after start of symptoms (or after date of first positive test if no symptoms). ● Isolation can end after Day 5 if symptoms are not present or are resolving and a diagnostic specimen* collected on Day 5 or later tests negative. ● If unable to test, choosing not to test, or testing positive on Day 5 (or later), isolation can end after Day 10 if fever-free for 24 hours without the use of fever-reducing medications. ● If fever is present, isolation should be continued until 24 hours after fever resolves. ● If symptoms, other than fever, are not resolving, continue to isolate until symptoms are resolving or until after Day 10. If symptoms are severe, or if the infected person is at high risk of serious disease, or if they have questions concerning care, infected persons should contact their healthcare provider for available treatments. ● Per CDPH masking guidance, infected persons should wear a well-fitting mask around others for a total of 10 days, especially in indoor settings (see masking section below for additional information). <p>*Antigen test preferred.</p>

Table 2: Close Contacts - General Public (No Quarantine)

Asymptomatic Persons Who are Exposed to Someone with COVID-19 (No Quarantine)	Recommended Actions
<p>Everyone, regardless of vaccination status.</p> <p>Persons infected within the prior 90 days do not need to be tested, quarantined, or excluded from work unless symptoms develop.</p>	<ul style="list-style-type: none"> ● Test within 3-5 days after last exposure. ● Per CDPH masking guidance, close contacts should wear a well-fitting mask around others for a total of 10 days, especially in indoor settings and when near those at higher risk for severe COVID-19 disease (see masking section below for additional information). ● Strongly encouraged to get vaccinated or boosted. ● If symptoms develop, test and stay home (see earlier section on symptomatic persons), AND ● If test result is positive, follow isolation recommendations above (Table 1).

High Risk Exposures and Settings:

High-Risk Exposures:

Certain exposures may be deemed higher risk for transmission, such as with an intimate partner, in a household with longer periods of exposure, or while performing unmasked activities with increased exertion and/or voice projection or during prolonged close face-face contact (e.g., during contact sports like wrestling, during indoor group singing, during crowded events where cheering occurs like games, concerts or rallies, particularly if indoors). In such cases, exposed persons should be extra vigilant in undertaking recommended mitigation measures.

Similarly, if the close contact is more likely to become infected due to being unvaccinated, immunocompromised, or if they are more likely to transmit the virus to those who are at higher risk for severe COVID-19, they should also take greater care in following recommendations to limit spreading the virus to others during the 10 days following their exposure. These close contacts should get tested and may consider quarantining or self-limiting their exposure to others and are strongly recommended to follow the testing and mitigation measures outlined in this guidance.