

# Student Bulletin

Monday | May 3

**KIND WORDS  
CAN BE SHORT,  
BUT THEIR  
ECHO CAN BE  
ENDLESS!**

## SPORTS WEEK AT A GLANCE

	LOCATION	LEVEL	GAME TIME	RELEASE TIME	TRANS.	DEPART	RETURN
<b>MONDAY, May 3</b>							
Baseball vs. Placer	Placer	V-JV	4:00PM				
Boys Basketball vs. Center	Center	F-JV-V	TBA				
Girls Golf vs. Rio Linda	Haggin Oaks GC	V	3:00PM				
B&G Water Polo vs. El Dorado	Oakmont	JV-V	4:00PM				
<b>TUESDAY, May 4</b>							
Boys Basketball vs. Nevada Union	Nevada Union	JV-V	6:00/7:30PM		BUS	4:15PM	9:30PM
Girls Golf vs. Lincoln	Diamond Oaks	V	2:36PM				
Girls Soccer vs. West Park	Oakmont	JV	5:00PM				
Softball vs. Lincoln	Oakmont	JV-V	4:00PM				
Boys Tennis vs. Bella Vista	Bella Vista	V	3:00PM				
Girls Volleyball vs. Nevada Union	Oakmont	V	6:00PM				
			HOME	AWAY			

### ATTENTION ALL SENIORS!

If you do not finish Personal Finance you will not meet graduation requirements. You must finish all lessons, quizzes and the final of the course to Pass. All sections of the course are completed online. Make sure to get this completed immediately. Students that have not finished will be receiving a weekly email reminder until it is complete!!! [Follow this link to access Personal Finance:](#) If you have questions, reach out to your counselor or Mrs. Winkel (jwinkel@rjuhsd.us).

### Class Information

#### ATTENTION ALL STUDENTS!

ID cards are NEEDED every day you are on campus!! If you are coming to campus, you will be required to complete the daily COVID 19 screener ([screener19.com](https://screener19.com)). You will also be required to get checked in at one of our designated gates that you completed the screener. You will be scanned using your ID card.

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## Club & Student Body News

### **OHS CHROMEBOOK SUPPORT DURING DISTANCE LEARNING**

Having Chromebook Issues? We can still support you! Before reaching out to Oakmont please follow some of the troubleshooting tips on the link below: [RJUHS Technology Service Tutorials](#) Internet support only - Technology Helpline at 916-462-9511. If you continue to have Chromebook issues please email or call (emailed preferred) Oakmont's Library Media Technician for further assistance. Stephanie Ellis [sellis@rjuhsd.us](mailto:sellis@rjuhsd.us) (916) 782-3781 ext. 2602 Office Hours: 7:15AM-12:30PM and 1PM-3:15PM

## College & Career Center

### **FOLLOW THE COLLEGE & CAREER CENTER**

College & Career is now on Instagram! Stay up-to-date on announcements and see where Odin goes next on his adventures around campus. [@oakmontcollegeandcareercenter](#)

### **VIRTUAL MEDICAL CAREER FAIR**

May 8th, 2021 at 9:00 AM The virtual event offers students that are interested in a medical or dental career the guidance they need to follow their dreams. You will hear from a panel of professionals in the healthcare field. They are also giving away a \$1000 scholarship. RSVP and get more info at [placromfs.com/academicadvantage](http://placromfs.com/academicadvantage)

## Other News

### **ODIN'S VOYAGE**

Check out our library's own newsletter [HERE!](#) The [OHS Library](#) webpage also has many great resources and information available to students.

### **THE OHS COUNSELING TEAM**

Your school counselors have joined Instagram! Follow us [@oakmontcounseling](#) for college & career information, wellness tips, study skills, and important OHS updates! If you have any questions, feel free to email Ms. Liz at [langelina@rjuhsd.us](mailto:langelina@rjuhsd.us).

### **WELLNESS CENTER**

Dear Oakmont Students, if you are struggling with stress and/or your mental health, you can confidentially make a self referral to our Wellness program by clicking this link <https://docs.google.com/forms/d/e/1FAIpQLSfmdajFLN32XRN-YsOw752F3xrYL2Sf2nrf4s1xaW1wxf8ZCw/viewform>, or reach out to [ohswellness@rjuhsd.us](mailto:ohswellness@rjuhsd.us).

OAKMONT HIGH SCHOOL  
#VIKINGSTRONG



# 5TH PERIOD IS BACK!!!



## NEED A PLACE TO CATCH UP ON SCHOOL WORK AND GET HELP?

- 12:50-1:50 pm Tues, Wed, Thurs
- Located in the Cafeteria for social distancing. Masks required at all times.
- Teachers and Student Tutors available to help and guide you to be more successful.
- Quiet study hall atmosphere. Students must be working on assignments for the time they are in 5th Period.
- Students encouraged to attend HUB on Tues and Thurs following 5th period

