

Student Bulletin

Wednesday | April 28

Be the
ENERGY
you WANT
to attract

SPORTS WEEK AT A GLANCE

	LOCATION	LEVEL	GAME TIME	RELEASE TIME	TRANS.	DEPART	RETURN
WEDNESDAY, April 28							
Boys Basketball vs. Lincoln	Oakmont	JV-V	5:30/7:00PM				
Boys Soccer vs. Lincoln	Oakmont	JV-V	5:30/7:00PM				
Softball @ Pleasant Grove	Pleasant Grove	JV-V	4:00PM				
Track & Field FVL League Meet	Nevada Union	V-JV	3:30PM		BUS	1:30PM	8:00PM
Boys Volleyball @ Lincoln	Lincoln	V	7:00PM				
B&G Water Polo vs. Ponderosa	Oakmont	JV-V	4:00PM				
THURSDAY, April 29							
Girls Golf vs. Nevada Union	Alta Sierra CC	V	3:00PM				
Girls Soccer @ Ponderosa	Ponderosa	JV-V	5:00/7:00PM				
Softball @ Rio Linda	Rio Linda	JV-V	4:00PM				
Boys Tennis vs. Ponderosa	Oakmont	V	3:00PM				
Girls Volleyball @ Lincoln	Lincoln	V	6:00PM				
FRIDAY, April 30							
Boys Soccer vs. Ponderosa	Oakmont	JV-V	5:30/7:00PM				
Boys Volleyball vs. Nevada Union	Oakmont	V	7:30PM				
SATURDAY, May 1							
Wrestling vs. Nevada Union	Oakmont	V	9:00AM				
					HOME	AWAY	

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ATTENTION ALL SENIORS!

If you do not finish Personal Finance you will not meet graduation requirements. You must finish all lessons, quizzes and the final of the course to Pass. All sections of the course are completed online. Make sure to get this completed immediately. Students that have not finished will be receiving a weekly email reminder until it is complete!!! [Follow this link to access Personal Finance:](#) If you have questions, reach out to your counselor or Mrs. Winkel (jwinkel@rjuhsd.us).

Class Information

ATTENTION ALL STUDENTS!

ID cards are NEEDED every day you are on campus!! If you are coming to campus, you will be required to complete the daily COVID 19 screener (screeener19.com). You will also be required to get checked in at one of our designated gates that you completed the screener. You will be scanned using your ID card.

Club & Student Body News

OHS CHROMEBOOK SUPPORT DURING DISTANCE LEARNING

Having Chromebook Issues? We can still support you! Before reaching out to Oakmont please follow some of the troubleshooting tips on the link below: RJUHS Technology Service Tutorials Internet support only - Technology Helpline at 916-462-9511. If you continue to have Chromebook issues please email or call (emailed preferred) Oakmont's Library Media Technician for further assistance. Stephanie Ellis sellis@rjuhsd.us (916) 782-3781 ext. 2602 Office Hours: 7:15AM-12:30PM and 1PM-3:15PM

College & Career Center

FOLLOW THE COLLEGE & CAREER CENTER

College & Career is now on Instagram! Stay up-to-date on announcements and see where Odin goes next on his adventures around campus. @oakmontcollegeandcareercenter

VIRTUAL MEDICAL CAREER FAIR

May 8th, 2021 at 9:00 AM The virtual event offers students that are interested in a medical or dental career the guidance they need to follow their dreams. You will hear from a panel of professionals in the healthcare field. They are also giving away a \$1000 scholarship. RSVP and get more info at placromfs.com/academicadvantage

Other News

ODIN'S VOYAGE

Check out our library's own newsletter [HERE!](#) The [OHS Library](#) webpage also has many great resources and information available to students.

THE OHS COUNSELING TEAM

Your school counselors have joined Instagram! Follow us @oakmontcounseling for college & career information, wellness tips, study skills, and important OHS updates!
If you have any questions, feel free to email Ms. Liz at langelina@rjuhsd.us or Ms. Lisa at lorchard@rjuhsd.us

WELLNESS CENTER

Dear Oakmont Students, if you are struggling with stress and/or your mental health, you can confidentially make a self referral to our Wellness program by clicking this link <https://docs.google.com/forms/d/e/1FAIpQLSfmdajFLN32XRN-YsOw752F3xrYL2Sf2nrf4s1xaW1wxf8ZCw/viewform>, or reach out to ohswellness@rjuhsd.us.

OAKMONT HIGH SCHOOL
#VIKINGSTRONG



5TH PERIOD IS BACK!!!



NEED A PLACE TO CATCH UP ON SCHOOL WORK AND GET HELP?

- 12:50-1:50 pm Tues, Wed, Thurs
- Located in the Cafeteria for social distancing. Masks required at all times.
- Teachers and Student Tutors available to help and guide you to be more successful.
- Quiet study hall atmosphere. Students must be working on assignments for the time they are in 5th Period.
- Students encouraged to attend HUB on Tues and Thurs following 5th period

