



Roseville Joint Union High School District

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STEPHEN F. WILLIAMS, ASSISTANT SUPERINTENDENT, PERSONNEL SERVICES

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DATE: October 28, 2016

TO: All Regular RJUHSD Employees

FROM: Steve Williams, Assistant Superintendent, Personnel Services

SUB: ComPsych GuidanceResources Program

The District recently contracted with Schools Insurance Group (SIG) to provide an Employee Assistance Program (EAP) to all of its regular employees. This ComPsych *GuidanceResources* Program is provided at no cost to all regular employees and offers a network of services that can help you improve your health, achieve more at work and home, and handle any personal or professional challenges you face.

Again, these services are provided free of charge (up to three visits per issue) and offer someone to talk to or resources to consult whenever and wherever you need them. These services are strictly confidential and are available to you and your immediate family members 24 hours a day, 7 days a week, by phone or online.

We encourage you to take advantage of the GuidanceResources Program which offers:

- Confidential emotional support
- Financial resources
- Legal guidance
- Work-Life solutions
- Online support

WE HOPE YOU WILL TAKE SOME TIME TO EXPLORE ALL THE BENEFITS ACCESSIBLE THROUGH YOUR *GuidanceResources* program. To contact your *GuidanceResources* Program:

- Call: 1-844-582-2327
- TDD: 1-800-697-0353
- Online: www.guidanceresources.com
- App: *GuidanceResources*Now
- Web ID: SIGEAP

We are very excited about this new program for our employees and their families and hope you will take advantage of this program when the need arises.

Sincerely,

Steve Williams

Assistant Superintendent, Personnel Services