

Placer County Public Health Resources

Public Health Nursing (MCAH & TAPP Services) 1-800-829-7199



CATEGORY & AGENCY	LOCATION	PHONE	NOTES
CLOTHING & FURNITURE			
Adventist Community Services	Auburn	(530) 823-0345	Mon 9:00-noon Free services to unsheltered men & women. Includes lunch, showers, clothing Tues. 9:00 AM- 1:00 PM (serving families only)
St. Vincent De Paul	Lincoln	(916) 645-7201	Lincoln Thrift Store
COMMUNITY CLINICS & HEALTH CARE			
Auburn Renewal Center A.R.C. Medical, Dental, Optical, Chiropractic & Mental Health Services.	Auburn	(530) 887-8673	Free services to non-insured, under-insured & low income individuals & families. Tues & Thurs 9:00 AM- 1:00 PM (Call for appt.)
Planned Parenthood Mar Monte	Roseville	(916) 781-3310	Family Planning, STD testing and treatment
Carrington College Dental Clinic	Sacramento	(916) 361-5168	Free dental cleaning and low cost dental services
Chapa De Clinic –Medical; Prenatal & Dental	Auburn	(530) 887-2810 (530) 887-2830	Prenatal care; Optometry; Behavioral Health Medi-Cal, & sliding scale fee
Lens Crafters Vision Program (through Kids First)	Auburn Roseville	(530) 887-3536 (916) 774-6802	Referral from Kids First, must be under 18 and have no medical insurance.
Covered California (Affordable Care Act)		(800) 300-1506	Health insurance options http://www.coveredca.com/
Health Care Options- Managed Care Medi-Cal		(800) 430-4263	Medi-Cal beneficiaries can call to receive resources, select a plan, change a plan, or dis-enroll,
Medical, Food, & Financial Assistance Programs (Medi-Cal, CalFresh, CalWORKs, & Cash Aid)	Auburn Rocklin Tahoe	(530) 889-7610 (916) 784-6000 (888) 385-5160	www.mybenefitscalwin.org www.placer.ca.gov/Departments/hhs.aspx
Peach Tree Clinic	Marysville	(530)749-3242	Med. clinic that accepts Medi-Cal for Lincoln residents
Sacramento City College	Sacramento	(916) 558-2303	Low-cost dental cleaning, x-rays, & sealants. No restoration work (fillings, crowns, and extractions)
St. Vincent de Paul Medical Clinic	Roseville	(916) 781-3303	Free clinic every Wednesday, 9 AM- 11:30 AM
The Gathering Inn Clinic	Roseville	(916) 791-9355	Free medical care for uninsured, Sat. 9:00-11:30 AM
Well Space Health Clinic	Roseville	(916) 978-1738	Family Practice, Pediatrics; Medi-Cal & sliding scale fee
Western Dental	Roseville	(916) 771-8464	Dental & Orthodontic screening (Spanish speaking)
Western Sierra Medical Clinic	Auburn Kings Beach	(530) 274-9762 (530) 584-9762	Primary care, family planning, immunizations,
Stallant Health	Weimar	(530) 637-4025 Fx(877) 425-5508	Primary care, immunizations, prenatal care, dental, family planning, some dermatology, and chiropractic.
DISABILITIES			
ALTA Regional Center	Roseville	(916) 437-6900	Provides services to developmentally delayed persons; must meet eligibility criteria
PCOE Infant Development Program	Placer Co	(916) 277-8796	Special in-home therapies or play groups for children under 3 years with developmental delays
Warmline Family Resource Center	Northern Ca	(916) 455-9500 (844) 455-9517	Assistance, consultation, documentation and training to families for children with special needs.
In Home Support Services (IHSS) & Public Authority – To apply & find a provider	Auburn	(888) 886-5401 (916) 787-8860	Services to individuals with limited income or Medi-Cal eligible individuals who need assistance to remain safely in home; provides domestic & personal care services
PIRS- Placer Independent Resource Services	Auburn	(800) 833-3453	Advocacy, referrals, support groups & resources to find equipment for persons with disabilities; home modification program & fall prevention
FAMILY SUPPORT			
Boys & Girls Club of Placer County	Auburn	(530) 889-2273	Homework help, tutoring, sports, recreation, youth leadership development, health & life skills, arts, crafts
Child Support Services	Rocklin	(866) 901-3212	Information, to apply for services, or modify payments
Head Start Preschools; Kids Kount; PCAC	Placer Co	(530) 886-4122	Preschool for families with limited income who qualify
Kids First Family Resource Centers	Auburn Roseville	(530) 887-3536 (916) 774-6802	Family-centered support & services
La Leche League	Auburn Roseville	(530) 637-5485	Free breast feeding telephone support & group meetings; www.llnocal.org/groups/AuburnCA.html
Latino Leadership Council	Placer Co	(530) 320-5353	Health & wellness, education, youth leadership & development for Latino families & individuals
Lighthouse Family Resource Center	Lincoln	(916) 645-3300	Parenting classes, groups, counseling & resources
Mother's Outlet – Sutter Roseville Med. Center	Roseville	(916) 887-4039	Parent Education and Lactation Services
PCOE Early Childhood Education	Placer County	(530) 745-1380	Child care referrals, subsidized childcare program & state preschools
Seniors First Services and Meals on Wheels	Auburn	(530) 889-9500	Senior support & resources

Sierra Native Alliance	Auburn	(530) 888-8767	Education, cultural resources & activities for Native American individuals, youth & families
Text4baby www.text4baby.org	USA	Text: Baby to 511411	Free text messages on prenatal care, baby health, parenting and more
FOOD			
Adventist Community Services	Auburn	(530) 823-0345	Monthly & weekly service for people in need Tuesdays, 9 AM-1 PM
Elijah's Jar	Foresthill	(530) 367-3085	Emergency food 2 times per week
Auburn Interfaith Food Closet	Auburn	(530) 885-1921	Emergency food; based on residence; M-F 10 AM- 2 PM and last Saturday of the month.
Salt Mine	Lincoln	(916) 645-3778	Emergency food & hot lunches; Tues- Fri. 10 AM- 12 PM
Salvation Army:	Auburn Colfax Roseville	(530) 889-3990 (530) 346-2722 (916) 784-3382	Auburn: Hours M - F 10-2 emergency food Colfax: Food every 60 days; Last Wed of month 10-2 Roseville: Food once monthly; 10-12:55 & 2-3 Rent & utility assistance ext. 205 in Roseville
St. Vincent De Paul	Roseville	(916) 781-3303	Thrift store, help with past due rent/bills and food
WIC – Offices in Auburn, Kings Beach, Lincoln, & Rocklin	Auburn Rocklin	(530) 889-7187 (916) 784-6447	Nutrition information & food assistance for financially eligible pregnant women & children under 5
GENERAL, TRANSPORTATION, and UTILITIES			
Health Express/Dial-a-Ride South Placer Transit Call Center	Auburn Rocklin	(530) 745-7560 (916) 745-7560	Transportation to medical appointments when available; TDD hearing impaired 1-888-745-7885
Seniors First- My Rides Placer County (800) 878-9222, RSVL ext. 202	Auburn Roseville	(530) 889-9500 (916) 782-4202	Connects volunteer drivers with Placer residents; for seniors, individuals with disabilities and families with children ages 0-5 with First 5 program.
Home Start	Roseville	(916) 782-6667	Homeless transitional housing for families
Legal Help Center Hrs: M-F 8-12 & Wed 12-3pm	Roseville	(916) 408-6446	Free legal assistance with court forms; family law
Logisticare-Medi-Cal Managed Care Plan Transportation – Anthem Blue Cross		(877) 931-4755	Patient or medical provider can arrange transportation
Logisticare-Medi-Cal Managed Care Plan Transportation – CA Health & Wellness		(877) 658-0305	Patient or medical provider can arrange transportation; need 3 business days for all routine trips
Connections Career Center Golden Sierra Job Training	Roseville Auburn	(916) 865-2440	Assistance for people seeking employment http://goldensierra.com/
PG&E REACH (single time help bill pay)		(800) 933-9677	Will help if you meet criteria, one time with bill.
Project Go	Roseville	(916) 782-3443	Utility bill help & other services; Placer & Nevada Co
The Welcome Center	Auburn	(530) 889-7200	Resources, education & support for homeless individuals & families; & those with co-occurring conditions
MENTAL HEALTH			
Adult Mental Health Services	Placer County	(888) 886-5401	Crisis assistance & non-emergency mental health services
Family and Children's Services	Placer County	(866) 293-1940	Crisis assistance & non-emergency mental health services
Insights Counseling Services	Auburn Roseville	(530) 887-1300 (916) 751-1534	Free postpartum depression and anxiety counseling; low-cost & Medi-Cal; spouses/significant others & children
Postpartum Support International	Placer County	(800) 944-4773	Free support & resources for postpartum women & families
Sierra Mental Wellness Group	Auburn Roseville	(530) 885-0441 (916) 783-5207	Individual, couples and family counseling; Roseville only - parenting groups, domestic violence counseling
SAFETY/VIOLENCE			
KARE Crisis Nurseries (530) 575-1567 (CRISIS LINE)	Nevada County Region	(530) 265-0693	A safe, free place for children of families experiencing a stressful situation; emergency care or respite; court ordered supervised visitation
Stand Up Placer 1-800-575-5352 (CRISIS LINE)	Auburn Roseville	(530) 885-0443 (916) 773-7273	Domestic violence support services, assist for victims of human trafficking and sexual assault; crisis intervention, therapy, legal services & safe house program
SUBSTANCE ABUSE			
AA- Alcoholics Anonymous	Auburn & Roseville	(916) 454-1100	Support groups for anyone concerned about their alcohol use- meeting information number
AL-ANON - Friends & Family of Problem Drinkers	Northern Ca	(916) 334-2970	Meeting information number
California Smokers' Helpline	800-662-8887	800-NO-BUTTS	Smoking cessation thru phone counseling & information
Perinatal Substance Use Program Cell 530 308-3541	Auburn	(530) 889-7201	Referral & advocacy for women with chemical dependency who are pregnant or parenting
Placer County Mental Health Services	Auburn	(530) 889-7240	Information, referrals & assessment for residential treatment