

ROSEVILLE JOINT UNION HIGH SCHOOL DISTRICT
HEALTH SERVICES

Dear Parents/Guardians:

We would like to inform you of the following:

1. Medications in School.

- a. Procedure for Administration of Medication by School Personnel – Medication at School forms are available in the Health Center and online for students who must use medication at school or during school events such as sporting events. California state law does not allow students to keep or carry medication. This applies to prescription medications as well as over the counter medications such as allergy/cold preparations, Tylenol, Ibuprofen, eye drops, etc. The medication must be kept in a locked drawer in the Health Center. Students with a completed medication at school form may carry medications prescribed and covered in state statute as emergency medications. These are specific medications, inhalers or epinephrine auto injectors (i.e. Epi Pens). Although insulin is not considered an emergency medication state law allows the student to carry insulin. It requires a completed and signed medication form to be returned to the school first.
- b. Basic Legal Provision – California Education Code, Section 49423
Notwithstanding the provision of Section 49422, any pupil who is required to take, during the regular school day, medication prescribed for him or her by a physician, may be assisted by the school nurse or other designated school personnel if the school district received (1) a written statement from such a physician detailing the method, amount and time schedules by which such medication is to be taken, and (2) a written statement from the parent or guardian of pupil indicating the desire that the school district assist the pupil in the matters set forth in the physician's statement (see the ADMINISTRATION OF MEDICATION BY SCHOOL PERSONNEL form).

2. **Immunizations.** For school entry, California law requires that students have an up-to-date immunization record that is presented to staff at the time of registration. The personal immunization record must identify the student by name and date of birth, show the date (month, day, and year) each required vaccine dose was received, have the type of vaccine received, and include the name of the physician or agency who gave the vaccine.

3. **Emergency Information Card** Per district directive, each student shall have a 21/22 school year emergency card. This card must be completed by the parent/guardian each year as is done through the data confirmation process on Aeries in the parent portal only. In the data confirmation process phone numbers, address, contacts, and medical conditions will be updated or confirmed. The data confirmation must be completed after July 1, 2021.

4. Competitive Athletics

- a. Medical Exam and Health History: A student who plans to participate in inter-scholastic athletics or the pep squad must have a yearly medical examination by a physician at his/her own expense.
- b. Immunizations: Athletes are required to have an up-to-date tetanus shot.
- c. Parental Permission and Medical Insurance Clearance: These forms must be completed and signed by the parent/guardian yearly.

5. **Physical Education Exclusion.** If your student is unable to participate in the regular physical education program, please contact the school nurse or counselor before registration. Students with documented health problems can have a doctor complete the correct form so support can be provided.

6. **Accident Insurance.** The RJUHSD does not provide accident medical insurance for students for school-related injuries but does offer student accident insurance for voluntary purchase.

7. **Confidential Health Services.** The Roseville High School District does not release pupils from school without parental permission. However, AB1541 requires that parents or guardians of all pupils enrolled in the district be notified that school authorities may excuse any pupil from school for the purpose of obtaining confidential medical services without the consent of the pupil's parent or guardian.

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