



Roseville Joint Union High School District

- Adelante High School, 350 Atlantic Street, Roseville, CA 95678, 916.782.3155, FAX 916.782.4064
- Antelope High School, 7801 Titan Drive, Antelope, CA 95843, 916.726.1400, FAX 916.726.0700
- Granite Bay High School, One Grizzly Way, Granite Bay, CA 95746, 916.786.8676, FAX 916.786.0766
- Oakmont High School, 1710 Cirby Way, Roseville, CA 95661, 916.782.3781, FAX 916.782.4943
- Roseville High School, One Tiger Way, Roseville, CA 95678, 916.782.3753, FAX 916.786.3846
- Woodcreek High School, 2551 Woodcreek Oaks Blvd, Roseville, CA 95747, 916.771.6565, FAX 916.771.6596

PARENT CONSENT FOR RELEASE OF MEDICAL INFORMATION

Parent Signature _____ Date _____

----- TO BE COMPLETED BY PHYSICIAN -----

Recommendations for modified or adapted physical education activity:

Patient's Name _____

Probable Term of Disability _____

DIAGNOSIS: Please indicate the type and extent of disability and make recommendations pertaining to each type (neurological disorder, heart/lung condition, orthopedic condition, postural deviations, hearing problems, vision problems, other problems).

Please indicate body areas in which exercise should be limited or eliminated: _____

Please provide activity recommendations for student's participation in a high school physical education class.

Movements	Omit	Moderate	Unlimited	Remarks
Flexion/Extension				
Hanging				
Lifting				
Pulling				
Pushing				
Running				
Stretching				
Swimming				
Throwing				
Twisting				
Walking				
Other				

Physician's Name (please print) _____ Date _____

Physician's Signature _____ Phone _____

Address _____