



INFORMED CONSENT FOR COUNSELING SERVICES

Please read this Informed Consent Statement before meeting with your clinician. When you meet with the clinician, you can discuss any questions or concerns you have before signing the document. If you would like a copy, please request one from your clinician.

Eligibility and Service Limits

The School Based Wellness Center provides individual and group counseling services to students in need of social, emotional, behavioral and mental health support. Students enrolled with Roseville Joint Union High School District are eligible for services at no cost to you. The service you receive is based upon a determination of your needs and goals, and Wellness Center resources. If the Wellness Center is unable to help you meet your goals, referral resources will be identified for you. Counseling staff may include professionals licensed with the California Board of Behavioral Sciences (BBS), those registered with BBS as Associates and working toward licensure and/or a student attending a University graduate studies program in the field of social work, all under the direct supervision of a licensed clinician.

Confidentiality

The School Based Wellness Center adheres to Federal and State and ethical standards; all client information is held in confidence unless your written permission is given. To provide effective service, your clinician may consult with their supervisor and/or other Wellness Center staff. Federal and State laws require that health and counseling professionals report certain situations. These include a reasonable suspicion of past or current child abuse, a danger to self and/or a danger to others. A confidential counseling record is maintained with access restricted to the Wellness Center staff. These records are not a part of your cumulative school record and may only be released when mandated by the court, to aid in the investigation of a crime, or when the counselor is ordered to testify in an administrative or judicial proceeding.

Benefits and Risks

There are benefits and risks that may occur in counseling. The benefits from counseling may include: (1) improved ability to handle academics, (2) enhanced personal development and (3) improved interpersonal relationships. Counseling may also involve the risk of remembering unpleasant events that could trigger strong feelings.

Emergencies

Clinicians are available Monday through Friday during school hours and during any Wellness Center before or after school groups or by appointment. For after hour emergencies you may call the Placer County Child & Adult Crisis Team (530) 886-5401 or 1-888-886-5401 or call 911.

Appointments

Your appointments will be scheduled in a manner least disruptive to your academic demands. Your clinician will meet with you to determine the best time to schedule sessions. If you are unable to keep your appointment, please notify your clinician AS SOON AS POSSIBLE. If the clinician cannot keep an appointment with you, Wellness Center staff will notify you.

Consent to Counseling

I have read the above conditions of counseling. I accept these conditions and give my consent for my student to be counseled at the School Based Wellness Center.

Student Name (printed)

Student Signature

Date

Parent Name (printed)

Parent Signature

Date

Wellness Staff Name (printed)

Wellness Staff Signature

Date