

Dear Roseville Joint Union High School District Parent:

In an effort to support students' safety, security, and success with using technology, Roseville Joint Union High School District has developed a series of informative emails for parents. This email is the first of three around digital learning tools, tips, and resources that you will receive over the next month. This first email defines digital literacy and digital citizenship, describes their importance to students' success, and offers resources and tools for engaging parents and students together on digital literacy and digital citizenship.

Despite growing up with technology, high school students require instruction, support, and practice to develop digital literacy and citizenship skills.

What is Digital Literacy?	What is Digital Citizenship?
<p>Refers to the skills and knowledge for appropriately and effectively using, creating, and communicating digital content and technology.</p>  <p>Click the image or link here to watch the short 60 second video (Source: MediaWise)</p>	<p>Refers to the practices and skills for responsibility, privacy, ethics, and community while engaging with media and technology.</p>  <p>Check out the 40 second video from Common Sense Media above. Click the image or link here to watch. (Source: Common Sense Media)</p>

The digital citizenship competencies below can provide your kids with the ability to smartly and safely navigate and consume digital resources.

	PRIVACY, SAFETY, AND SECURITY	Students understand how to stay safe on the internet; can identify risks to privacy, safe content, and communications; and make responsible decisions about communicating and sharing content.
	CONSUMER AWARENESS	Students understand their role as online consumers; recognize and evaluate advertising and branding; deftly navigate online ads; recognize privacy policies; and understand Terms of Service.
	COMMUNITY AND CIVIC ENGAGEMENT	Students know their rights; understand the internet's impact on social norms and active citizenship; and engage online as part of an informed and engaged community.
	ETHICS AND EMPATHY	Students show empathy towards others online; exercise social-emotional skills; and make ethical and legal decisions regarding issues such as sharing others' content, accessing content, and cyberbullying.
	DIGITAL HEALTH	Students balance screen time; manage online identity issues; understand healthy and unhealthy online relationships; and appropriately deal with issues such as body image and sexuality online.

Scroll below to check out some activities and resources you can use to teach your child more about digital literacy and digital citizenship.

Common Sense Media has a wide variety of materials available in Spanish as well. Check it out here: <https://www.commonsense.org/education/spanish-resources>.

RJUHSD TechBYTES

Digital Literacy & Digital Citizenship Resources

Digital Well Being Family Guide



This [Digital Wellbeing Family Guide](#) provides resources and activities to spark productive conversations and identify healthy habits for your whole family. One example includes:

- Creating a family time box where your family pick a room and times you have all decided to go "device free" and talk about where, when and why it will be used.
- (Source: Google)

Quick Guides & Tips for Teens and Parents



Check out some of these [quick guides](#) for teens and parents from Connect Safely, which is dedicated to educating users of connected technology about safety, privacy and security. You will find research-based safety tips, parents' guidebooks, advice, news and commentary on all aspects of tech use and policy. Click on the image above [or the link here](#) to see a quick-guide for parents on TikTok. Other parent guides can be found [here](#). (Source: Connect Safely)

Digital Citizenship Conversation Starters

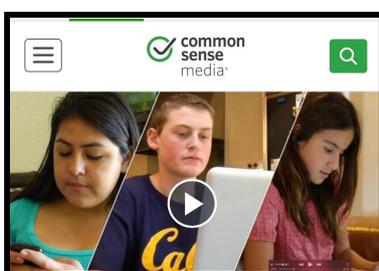


Read about the how and why it is important to talk to teens about Digital Citizenship. Click the image or [link here](#) to learn more and read about five conversation starters you can have with you teen. A few examples include:

- Do you know what personal information is safe to share online, and what is not?
- Do you ever feel overwhelmed by the time you spend online?
- Have you ever been tempted to download music or a movie that you don't have the rights to? Have you ever taken words from an online source and used them in a paper for school?

(Source: Crisis Prevention Institute)

4 Free Online Fact Checkers



Are you looking for ways to help your kids find out the truth when it comes to news and current events? This video from Common Sense Media provides information about four great websites to help kids separate fact from fiction. Click the image or [link here](#) to learn more. (Source: Common Sense Media)

Online Reputation Defender



THINK

- T** = Is it true?
- H** = Is it helpful?
- I** = Is it inspiring?
- N** = Is it necessary?
- K** = Is it kind?

Raising Kids In an Online World: What Parents Need to Know. This article provides parents some basic tips to protect their child's online reputation with some easy ways to help your child navigate the Internet in the right way. Click the image above or [link here](#) to learn more. (Source: Reputation Defender)

Be Internet Awesome



[Be Internet Awesome](#) gives families the tools and resources to learn about online safety and citizenship at home. This guide for families to make it easier to incorporate and practice good digital habits in your everyday lives. Click the image above or [the link here](#) to access the materials. (Source: Be Internet Awesome)

More to Explore....

National Online Safety E-safety Guides



[National Online Safety](#) has put together some fantastic resources for parents about social media apps, online games, and trending issues so they can have informed discussions with their children. Click on the image above to view a few examples such as Snapchat and TikTok. You can download some of the resources from a Google Drive folder [link here](#) (Source: National Online Safety)

A Google A Day Challenge



A Google A Day challenges students to put their search skills to the test, and to help them be more engaged and excited about using technology to discover the world around them. These [challenges, which are organized by content area](#), help students practice narrowing results from a Google search and locating digital information. Click the image above or [link here](#) to try it! (Source: Google)

"Crash Course" on Navigating Digital Information



10-series "Crash Course" on Navigating Digital Information.

The internet is full of information.. This course will give you the skills to separate the good from the inaccurate and learn to browse the internet with confidence. John Green partnered with [MediaWise](#), The Poynter Institute, and The Stanford History Education Group to teach a course in hands-on skills to evaluate the information you read online. Click the image above or the [link here](#) to view. (Source: MediaWise)

You can also sign up for free weekly text messages from Common Sense Media here:

<https://www.commonsense.org/education/family-resources>

If you would like more information or have questions about any of the above information, please contact Marie Criste, Coordinator of Instructional Technology at mcriste@rjuhsd.us. Be on the lookout for the next RJUHS TechByte the week of February 10th.