

# Sophomore Meeting 2021



## Sophomore To-Do List

### ★ #1 Priority: **Keep your grades up!!**

- Talk to your teachers about what you need. Make the most out of Titan 28!

### ★ **Explore education and career options** for life after high school

- Head over to the websites on this sheet
- Talk to anyone and everyone about the career paths they took. Guaranteed that you'll hear some interesting stories!
- Tour college campuses in person or virtually. Each has its own "vibe"!

### ★ **Get involved!** Sports, clubs, and community service are all great ways to round out your education and have fun, too.

- Make sure you **keep a list of these activities** and approximately **how many hours** per week you're involved.
- Jot down any **leadership** experiences and/or any **awards** or recognition you've earned, too. This list will make it easier your senior year to remember all the great things you've done. UC applications and many scholarship applications will want to know this information!
  - Check out [Antelope Clubs and Activities here](#) and [Sports here](#)

## Need Extra Help?

→ First line of communication is always **with your teacher!**

- ◆ Talk with them before/after class (or in a quieter moment) or email them
  - Get the help you need right then! Or...
  - Set up a time that's convenient for both of you

→ Get help with your teacher @ **Titan 28**

→ Get peer tutoring @ **Antelope Learning Lab**: Tuesdays & Thursdays, 2:35-4:00 (library)

## Homelink: Parents, Get Access to Grades & Attendance!

- Go to [www.antelopehigh.org](http://www.antelopehigh.org) and click on large Homelink icon
- Click "2021-2022 School Year"
- Click "Create New Account" or "Forgot Password"
- Use the same email you used to register your student



Homelink

## Helpful Websites

→ **Antelope Counseling**: [www.rjuhsd.us/antelopecounseling](http://www.rjuhsd.us/antelopecounseling)

→ **Advanced Education/Academic Enrichment**

(taking community college classes while still in high school)

**Please read through ALL of the information** for the campus you'd like to attend, using the links below. Information about the program and ALL of the steps for how to sign up are listed there.

- ◆ American River College: [click here](#)
- ◆ Sierra College: [click here](#)

Colleges	
College Board Big Future	<a href="https://bigfuture.collegeboard.org/">https://bigfuture.collegeboard.org/</a>
California Colleges	<a href="https://www.californiacolleges.edu/">https://www.californiacolleges.edu/</a>
California Community Colleges	<a href="http://www.cccco.edu/">http://www.cccco.edu/</a>
California State University (CSU)	<a href="http://www.calstate.edu">http://www.calstate.edu</a>
University of California (UC)	<a href="https://www.universityofcalifornia.edu/">https://www.universityofcalifornia.edu/</a>
WICHE/WUE	<a href="https://www.wiche.edu/tuition-savings/wue/">https://www.wiche.edu/tuition-savings/wue/</a>
NCAA (college athletes)	<a href="http://www.ncaa.org/">http://www.ncaa.org/</a>
U.S. Military	<a href="https://www.usa.gov/join-military">https://www.usa.gov/join-military</a>
Careers & College Majors	
California Career Zone	<a href="https://www.cacareerzone.org/">https://www.cacareerzone.org/</a>
My Next Move	<a href="https://www.mynextmove.org/">https://www.mynextmove.org/</a>
TransferBound Major Explorer	<a href="https://www.transferbound.com/">https://www.transferbound.com/</a>
CA Community College Programs (not every campus has the same programs!)	<a href="https://www.cccco.edu/Students/Find-a-College">https://www.cccco.edu/Students/Find-a-College</a> <a href="https://ccc.emsicc.com/?radius=&amp;region=California">https://ccc.emsicc.com/?radius=&amp;region=California</a>
SAT & ACT Prep Resources	
Khan Academy (load your PSAT scores for personalized SAT prep!)	<a href="https://www.khanacademy.org/">https://www.khanacademy.org/</a>
SAT	<a href="https://www.collegeboard.org/">https://www.collegeboard.org/</a>
ACT	<a href="http://www.act.org/">http://www.act.org/</a>
Scholarships (& Everything Else College/Career!)	
Antelope High School College & Career Center	<a href="https://anhscandccenter.weebly.com/">https://anhscandccenter.weebly.com/</a>

### UC/CSU "A-G" Requirements

a-g	Subject	UC/CSU Entrance Requirements (C- or better)
a	History/Social Science	2 years
b	English	4 years
c	Math	3 years (4 recommended)
d	Lab Science	2 years (3 recommended)
e	World Language (Spanish or ASL)	2 years (3 recommended)
f	Visual & Performing Art	1 year
g	Electives	1 year
-	Physical Education (PE)	n/a (high school grad requirement)
-	Health	n/a (high school grad requirement)
-	Personal Finance (on Blackboard)	n/a (high school grad requirement)

Look for the **Course Confirmation** in spring 2022  
to confirm your course requests for next year.  
The final date on that sheet is, well, **FINAL!**